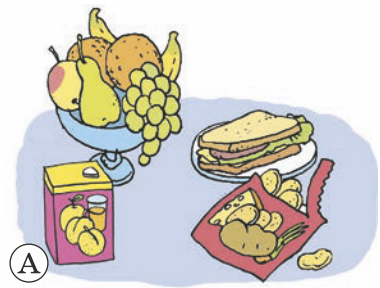
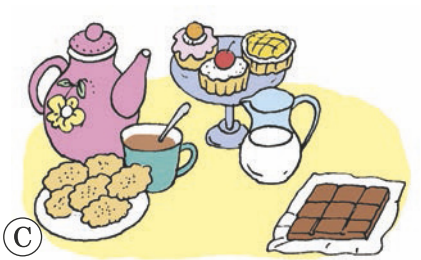
5b. **A British friend is staying with your family. You're having breakfast together. Role-play the conversation. Use the phrases in bold from ex. 3a.**

6. **Write what you would like to have for breakfast.**

Lesson 2. Meals in Britain

1a. **Mike's mum tells Nikita about meals in Britain. Listen and put the pictures in the correct order.**





Mrs Smith: Did you like the breakfast, Nikita?
Nikita: Yes, thank you.
Mrs Smith: I'd like to tell you about meals in our family.
Nikita: Yes, Mrs Smith.
Mrs Smith: We have three meals a day: breakfast, lunch and dinner. Breakfast time is at 7.30 a.m. A traditional English breakfast is bacon and eggs, sausages and tomatoes

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or mushrooms, orange juice, toast and butter and jam, and a cup of tea with milk.

Nikita: Oh, that's a lot! What about lunch?

Mrs Smith: We usually have lunch at 1 p.m., but on school days Mike has lunch at school. Sometimes he takes a packed lunch. This is often a sandwich, some crisps, some fruit and a drink.

Nikita: I see.

Mrs Smith: In the evening we get together and have dinner. It is usually at 7 p.m. A traditional English dinner is meat and vegetables. One of the vegetables is often potatoes. Many people also like pasta and rice.

Nikita: I like pasta!

Mrs Smith: And one more tradition. Tea is Britain's favourite drink. We usually drink tea with milk. We can have tea with chocolate, cakes, rolls or biscuits.

Nikita: Thank you, Mrs Smith. Now I know a lot about British meals.

1b. Read and answer the questions about British meals.

1. When does Mike's family have breakfast / lunch / dinner?
2. What do British people usually have for breakfast?
3. Where do many children have lunch?
4. What is "a packed lunch"?
5. What do British people have for dinner?
6. What do British people usually have with tea?

2a. Mrs Smith asked Nikita to tell them about meals in his family. Listen and read Nikita's story. How many meals a day does he have? Does he eat healthy food?

tasty [ˈteɪsti] = yummy
delicious [dɪˈlɪʃəs] = yummy +
healthy [ˈhelθi] = good for you

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We usually have breakfast at 7.15 in the morning. We often have cereal with milk and sugar or eggs with sausages and tea or coffee with toast.

At school pupils have another breakfast after the third lesson. It is usually salad and juice with a roll. Rolls are very **tasty** in our school canteen. I like them.

I come home at 3 o'clock in the afternoon and have lunch. We have soup, meat, potatoes or rice, and milk. We always have some vegetables for lunch: cucumbers, cabbage, tomatoes or carrots. My dad doesn't usually have lunch at home. He goes to the canteen near his office.

We have our evening meal at 8 o'clock. We usually have pasta with meat or fish with potatoes and tea. Potatoes are the traditional food in Belarus. After dinner I eat an apple from my granny's garden.

Our favourite food is pancakes[1] with butter or honey. My mum makes them at weekends. They're **delicious**!

Our favourite drink is green tea. It's **healthy**.

2b. Compare Mike's and Nikita's meals. Are they very different?

Model. Both Mike and Nikita have eggs for breakfast. Mike sometimes takes a packed lunch to school. Nikita doesn't take a packed lunch. He has salad and juice with a roll at school.

2c. Compare the meals in Nikita's family with the meals in your family.

Model. Nikita often has eggs with sausages for breakfast and I like eggs with sausages for breakfast, too. I don't drink coffee for breakfast.

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[1] **pancakes** [ˈpænkeɪks] – блины

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3a. **Tell Mike and Mrs Smith about meals in your family.**

HELP BOX

We usually have breakfast / lunch / dinner at … o'clock. We often have … for … . Our favourite food is … . Our favourite drink is … . It's tasty / delicious / healthy.

Meals in Britain (cloze test on vocabulary).

3b. **Write about meals in your family.**

Lesson 3. Is there any food in the fridge?

1a. **Rotty plays a guessing game with Moldy. Listen and complete the conversation.**

Rotty: Moldy, guess what I have in the box. It's delicious.
Moldy: **Is there a** sweet in the box?
Rotty: **No, there isn't. There isn't a** sweet. **There's a** … in the box. Catch!
Moldy: Thank you. Munch-munch-munch!

Rotty: Moldy, guess what I have in the basket. They're tasty.
Moldy: **Are there any** apples in the basket?
Rotty: **No, there aren't. There aren't any** apples. **There are some** … in the basket. Catch!
Moldy: Thank you. Crunch-crunch-crunch!

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