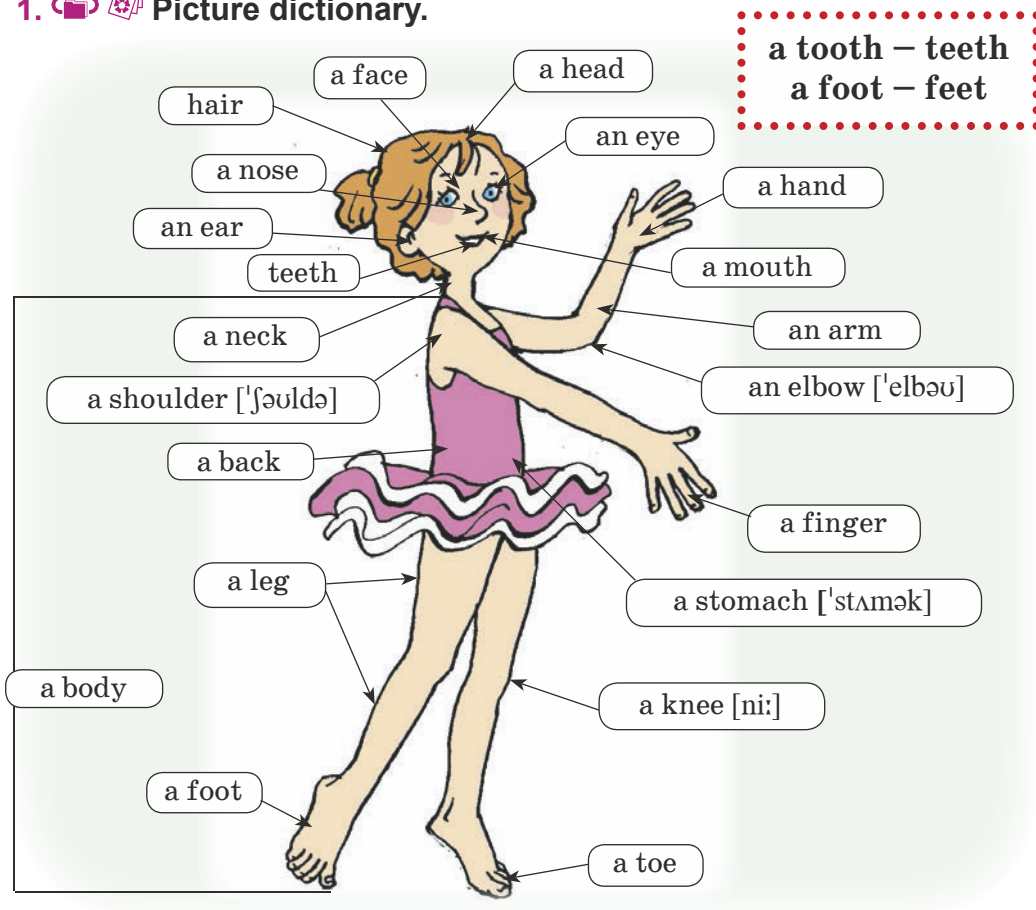


Lesson 5. A healthy body

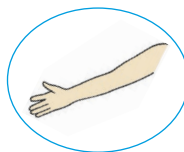
1. Picture dictionary.



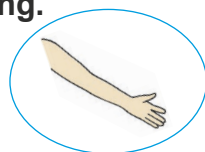
2a. Listen, read and sing the “Hokey cokey” song.

You put your right hand in,
Your right hand out,
In, out, in, out,
Shake it all about.

You do the hokey cokey,



right hand



left hand

And you turn around,
That's what it's all about.
Oh, the hokey cokey (3),
Knees bend, arms stretch,
Clap your hands.



clap your hands



arms stretch



knees bend



whole self¹

2b. Add your own verses to the song.

• right ear

• right shoulder

• nice hair

• left ear

• left shoulder

• small nose

3. Are the sentences true or false about you? Make them true.

1. I can touch my ears with my shoulders.
2. I can dance on my knees.
3. My arms are longer than my legs.
4. I can walk on my hands.
5. I've got 32 teeth.
6. I've got 10 fingers on my feet.
7. I can touch my nose with my elbow.
8. I'm not hungry. I've got some food in my stomach.
9. I sleep on my back.
10. I can jump 20 times on my left foot.
11. I can bend my body.
12. I've got a sweet tooth. (Я сладкоежка.)

¹ whole self – весь я

4.  Board game.





5a.  The Tree Monsters aren't well today. *What's the matter with them?*

Model. Rotty's leg hurts¹.
Moldy's eyes hurt.



My body-2 (word search).

My leg hurts!

My eyes hurt!



5b.  Write 10 exercises for the Tree Monsters to be healthy (see ex. 4).

¹ hurt [hɜ:t] – болеть