- 1. How many people enjoy skateboarding? 2. Who in your group thinks jogging is not for them? 3. Who in the group is thinking of taking up athletics? 4. How many people think keeping fit is difficult? 5. Who in the group likes watching gymnastics? 6. Is there anybody who hates cycling? 7. Does anyone know a person who is afraid of swimming? 8. How many people have tried diving? 9. Who in the group has seen someone doing yoga? 10. Is there anybody who thinks doing weightlifting is fun?
 - b) Choose one question from ex. 4a. Walk around the classroom and find the answers for the question.
 - c) Report on your findings.

Example: Only 5 people in our group enjoy skate-boarding.

- Work in groups. Ask and answer the following questions.
 - What sports do you like doing in summer/winter?
 - What games do you like playing in summer/winter?
 - What do you hate doing in summer/winter?
 - What are you afraid of doing in summer/winter?
- What do you think is the best thing to do in summer/winter?

LESSON 3. Eat, sleep, play hockey

Communicative area: describing team sports

Active vocabulary: team

Active grammar: used to + infinitive (affirmative and

negative statements)

- a) Do you divide sports into girl's and boy's kinds?
 Boys: make a list of sports that are typical for girls.
 Girls: make a list of sports that are typical for boys.
 - b) Compare your lists. Do you agree? Do you have any sport in both lists?
 - c) Which list has more team sports? Have a class vote to see if boys or girls prefer team sports. Name more team sports.

team – a group of players on the same side.



- d) Read a joke below. What sport is it about? Is this sport for girls or boys?
- Pick up your teeth and get back in the game!
- 2. a) Work in pairs. Student A: read about Rosie's favourite sport and prepare to tell your partner about it. Take some notes. Student B: read about Ben's favourite sport and prepare to tell your partner about it. Take some notes.





Field hockey has been around more than 4,000 years. It's a sport widely known in 112 countries and it's one of the top six sports played.

This year was my very first year playing field hockey. I wasn't sure that I was going to like it, but it turned out that it is now one of my favourite sports! When I went to the first practice, I was worried about all the plays I had to learn and my position. To be honest, it is not that hard at all! Once you start doing it, it is like learning how to ride a bike, you won't forget it! Having a great coach, Mr. Rahn, made it easy for me to learn because he is fun and explains things in a way that is easy to understand.

During the game, there are 11 players out on the field. In my opinion, this is just enough people to play the game. If there were less than 11 girls, it would be a lot harder to pass the ball, but if there were more than 11 girls, it would just get crowded. My position is a mid-fielder. In this position you run the most. You have to go up and down the field, basically just following where the ball goes! I personally love this position because it is where most of the action happens and I am really good at it.

Ben

It's hard to explain my love for hockey. I've grown up with it and have played it since I was 5. I love it because of the fights, because it's fast and the fact that it's a sport my dad and I can share and



play together. When playing, I just love skating down the rink and feeling the cool breeze. In a school team, I play right wing and fall over a lot, which means my knees are always covered in cuts!

Ice hockey is a team sport played on ice in which two teams of skaters use sticks to shoot a hard hockey puck into their opponent's net. Six members of each team skate up and down the ice trying to take the puck and score a goal.

Hockey is difficult to play. You can't just one day decide to go play hockey, you need to learn how to skate, stick handle, etc, all you need for basketball is a ball and a net.

My favourite team is the Toronto Maple Leafs, but no one in my opinion compares to Pavel Bure. I'm his biggest fan.

Hockey is most popular in areas of North America (particularly Canada and northern parts of the United States) and Europe. In North America, the National Hockey League(NHL) is the highest level for men's hockey and the most popular. Ice hockey is the official national winter sport of Canada. Worldwide, there are ice hockey federations in 73 countries.

- b) Share the information you have prepared with your partner.
- c) Work in pairs. Who talked about the following (Ben, Rosie, neither of them or they both)?
- 1) their favourite sports, 2) hockey, 3) the sport's history, 4) how popular the sport is, 5) watching sports on TV, 6) why they like it, 7) how long they have been doing it, 8) playing hockey with someone from the family, 9) how difficult hockey is, 10) how simple it is to play, 11) their position on the field, 12) what they have to do in a team, 13) why they started playing, 14) the rules, 15) the number of players, 16) their favourite team or player, 17) who trains them, 18) how well they can play.

- d) Give detailed answers while checking as a class.
- **Example:** Both Rosie and Ben wrote about their favourite sports. Rosie's favourite sport is field hockey and Ben's favourite sport is ice hockey.
 - e) Are these sports popular in Belarus? Would you like to play any of these sports? Why/Why not?
- a) Choose some of the ideas in ex. 2c to talk about your favourite sport. Take notes on what you are going to say.
 - b) Tell your group about your favourite sport. Answer your partner's questions. Prepare your questions while listening to the others.
- 4. a) Match questions 1-7 to the answers a-g.
- 1. Are you a team-player or more of a lone wolf?
 2. Are you always on the go? 3. Are you a risk-taker, or do you prefer to play it safe? 4. How are you on ice?
 5. Are you a strong swimmer? 6. Would you prefer something that takes place in the great outdoors or inside?
 7. Do your future plans include an Olympic Gold Medal?
- a) I think I'm more of the quiet type. b) No, I'm fine just playing the game. c) No, thank you. It's hard and cold. d) Indoor gyms are great no need to worry about the weather. e) It's hard to get me out of the pool. f) I like being part of a team. g) I prefer to think twice before taking a risk.
 - b) Read out the interview. What kind of sport would you recommend to the one who answered the questions. Why?
 - c) Interview your partner. What kind of sport would you recommend for them?