

UNIT 3

MEALS

Lesson 1. Bangers and mash, please

1. 👤 Discuss the following.

1. What is your favourite food? 2. What don't you like eating? 3. Is there any food you hate / can't stand eating?

2a. 🗂️💡 Look at the pictures and see some dishes you can get for lunch in Britain. Which of them would you like to try?



bangers and mash



fish and chips



Yorkshire pudding
[ˌjɔːkʃə ˈpuːdɪŋ]



vegetables



roast chicken



black pudding





boiled potatoes



fish fingers



pork chops

2b.   Listen to Alesya and Natalie discussing their lunch. Copy the table and write the things they like or don't like eating.

Bangers and mash, fish and chips, Yorkshire pudding, vegetables, roast chicken, black pudding, boiled potatoes, fish fingers, pork chop, gravy, roast beef

	likes	doesn't like
Alesya		
Natalie		

2c.   Listen again and answer what Alesya would like to try.

3a. Read the dialogue and match the names of the dishes in bold and their definitions below.

A: The bell has gone. Let's go to the canteen. I'm so hungry. I could eat a horse!

N: Yeah, I'll go with you but I don't need to buy anything. I've brought a packed lunch but I'd love to have some tea and it's so much nicer to have a meal with friends.

A: Wonderful! I still need your help with some names of the dishes. What's **bangers and mash**, for example?

N: Bangers and mash is a nice and simple dish. It's just a good plate of mashed potatoes (пюре) with a few sausages. It's all covered in **gravy**.

A: I hate **gravy**!

N: So do I, but many people, here in Britain, love it.

A: I love **fish and chips**. But I've had it twice this week already.

N: I like **fish fingers**.

A: I don't. There's more flour in them than fish. Is there anything on the menu you would recommend me to try?

N: I'd recommend **roast beef** and **Yorkshire pudding** but it's never served as school lunch.

A: Pudding with meat? I've always thought puddings are sweet.

N: Yeah, most often, but Yorkshire pudding is made from flour, eggs, and milk and traditionally served with roast beef. It's yummy. I love it. There is also **black pudding**, very popular in Scotland. It is, in fact, not pudding at all.


It's blood sausage. OK, listen, have some **roast chicken**. It is usually very good here.

Bob: Sorry for breaking in, but if I were you I'd have a **pork chop** with **boiled potatoes** and pickles¹. I am having it now and actually always have them for lunch.

A: Pork chops and pickles? How interesting! We often have them at home. It's typically Belarusian. But no, thanks, maybe later. I'd like to try something new.

A. sort of bread made from flour, eggs, and milk; **B.** sauce made from the juices of meat mixed with flour; **C.** fish and long thin pieces of potato, both cooked in very hot oil; **C.** sausages; **D.** long thin pieces of fish covered in bread-crumbs (крошки); **F.** blood sausage; **G.** mashed potatoes; **H.** a large piece of meat cooked in an oven or over a fire (chicken, beef, etc.); **I.** cooked in water that is boiling (100 °C); **J.** a small piece of meat from a pig with a bone in it

3b.  Act out the dialogue.

4.  Schools in Britain offer a variety of hot meals for lunch. Look at a possible menu for the week and tell your partner if you'd like to try this food. Why? Why not?

HELP BOX

I'd like to try ... because I wouldn't like to try ... because

Monday: Roast chicken, tomato and sweet pepper salad, apple pie and tea.

Tuesday: Fish and chips, ketchup, cucumber salad and orange juice.

Wednesday: Pizza with ham, mushrooms, vegetables and olives, banana and cocoa.

Thursday: Meat with egg, carrot and onion salad, mineral water, kiwi.

Friday: Spaghetti [spə'geti], fruit salad, yogurt.

If you wish, you can also have biscuits, a glass of milk, crisps, sandwiches or a boiled egg.

¹pickles ['pɪk(ə)lz] – маринованные / солёные огурцы или другие овощи

5. Make a menu for one day. It should contain the main course, salad, a drink and dessert [dɪ'zɜ:t]. Use the words from ex. 2 and 4. Present your menu to the class. What is the most popular dish?

6.  Write your dream school canteen menu for a week.

Lesson 2. What do people eat in Britain?

1. Ask and answer the questions.

1. What meals do you usually have? 2. What do you like / don't like to eat for breakfast? 3. What do you usually have for lunch? 4. What do you prefer to eat for dinner?

2.  Look at the pictures and say which of these are eaten for breakfast, lunch or dinner. Make three lists.

