


There are few towns without at least one ... (3), which also sells different sandwiches, scones with jam and cream, and delicious ... (4). The county of Devon in south-west England, with its many dairy farms, is famous for its “cream teas”, where scones are served with thick clotted cream (сливочный варенец).

As for the drink itself, tea is traditionally brewed<sup>1</sup> in a china teapot, adding one spoonful of tea per person and one for the pot. Freshly ... (5) water is then poured onto the leaves and the tea is left to “brew” for a few minutes. The ... (6) English Breakfast blend is one of the favourites, with added milk, and a little ... (7) for those with a sweet tooth.

4b.  Listen and check.

5.  Make an invitation card to your favourite holiday. Write about celebrating this holiday.

## Lesson 7. History of St Valentine's Day

1. What do you know about celebrating St Valentine's Day? Brainstorm your ideas with the whole class.

2.  Get ready for a phonetic competition. Learn and recite the following St Valentine's SMS texts.

In School, They Taught Me That

1 hour = 60 Minutes

1 Min = 60 Seconds

But They Never Told Me That

1 Second Without You = 100 Years.

Life is so short, so fast the lone hours fly,

We ought to be together, you and I.

If Your asking if I Need U the answer is 4Ever

If Your asking if I'll Leave U the answer is Never

If Your asking what I value the Answer is U

If Your asking if I love U the answer is I do.

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<sup>1</sup> tea is ... brewed [bru:ɪd] – чай ... заваривается

### 3a. Get ready to play the game “Matching hearts”.

1. Make hearts. 2. Cut them zig zaggy in two halves. 3. On one of the halves write questions about the history of St Valentine’s Day and on the matching part – write the answers (ex. 3b). 4. Mix them and hand out to players. 5. The player with the question (e.g. a boy) reads it, and the player with the corresponding answer (e.g. a girl) reads the answer. They put their halves together and see if they have made up a whole heart.



### 3b. Listen and read the text about the history of St Valentine’s Day and write questions and answers for the game “Matching Hearts”.

Valentine’s Day is celebrated by millions of people all over the world. The celebration falls on the 14<sup>th</sup> of February. On this day, people celebrate and show their love to each other by giving gifts and cards and perhaps by having a romantic dinner.

The history of Valentine’s Day – and its patron saint – has a lot of mysteries. But we do know that February has long been a month of romance. Customs which have a link with St Valentine’s Day started with the popular belief held by people in Great Britain and France during the 14<sup>th</sup> and 15<sup>th</sup> centuries that birds begin to mate on 14 February. Lovers, therefore, found St Valentine’s Day the right time to send love letters and gifts to the beloved.

But in recent time the festival is seen in a much larger perspective. Now, people take the opportunity of the day to wish “Happy Valentine’s Day” to anyone they love – their father, mother, teachers, siblings (brothers and sisters), friends, co-workers or anyone special to them. The idea is to give love and spread happiness around us.

But, who was Saint Valentine? One legend says that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed [ˈaʊtˌlɔːd] marriage (поставил брак вне закона) for young men – his soldiers. Valentine thought it was unfair and continued

to marry young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death.

There is a legend, that Valentine actually sent the first "valentine" greeting himself. Valentine fell in love with a young girl who visited him in prison a few times before his death on 14 February. It's no surprise that by the Middle Ages, Valentine had become one of the most popular saints in England and France.

Other stories suggest (предполагают) that Valentine was killed for attempting to help Christians escape Roman prisons where they were often beaten. In Great Britain, Valentine's Day began to be popularly celebrated around the seventeenth century. By the middle of the eighteenth century, it had become common for friends and lovers in all social ['səʊʃ(ə)l] classes to exchange small gifts or handwritten notes. By the end of the century, printed cards had begun to replace written letters. Ready-made cards were an easy way for people to express their emotions in a time when direct expression of one's feelings was discouraged. According to the Greeting Card Association, one billion Valentine cards are sent each year, making Valentine's Day the second largest card-sending holiday of the year (2.6 billion cards are sent for Christmas).

#### 4. Make your own Valentines in the shape of hearts.

Remember that the colours of St Valentine's Day are red, white and pink. Here are some ideas to help. Read the text found on Valentines and write your own. It depends on who it is addressed to – your friend, teacher, sister or brother, mother or father, someone you love.



With you around sweetheart,  
My life's a Song!

Happy Valentine 's Day to you!

A big warm hug  
To wish you Happy Valentine's  
Day!



Day and night you are in my  
thoughts!  
Please be my Valentine!

