


4b. Sum up each paragraph, except the first, in one sentence and write a brief review of the book.

5.  Recommend a book or a film to your friends or relatives to enjoy during their leisure time. Write to an Internet page 8–10 sentences.

Lesson 6. How do they spend leisure time in different countries?

1. Read the quotes and explain what they mean.

- We give up leisure in order that we may have leisure, just as we go to war in order that we may have peace.
- Leisure only means a chance to do other jobs that need attention.
- If you are losing your leisure, look out; you may be losing your soul (душа).
- I would not exchange my leisure hours for all the wealth (богатство) in the world.

2a.  Listen, read the text and say which of the quotes about leisure best fits it.

US leisure time

A survey, conducted by an American research company that specializes ['speʃəlaɪzɪz] in public opinion research gave the following results.

1. The average amount of weekly free time Americans have for leisure activities fell by 20% in 2008 – from 20 hours in 2007 to 16 hours in 2008 – and now is 10 hours less than the amount of leisure time (26 hours) in 1973, when the company started the research.



2. The biggest changes for 2008 in how people are using their leisure time are in

- TV watching (up 6 points),
- exercise (up 3 points) and

- spending time with family and kids (up 3 points).

Since 1995 the largest changes in how people are spending their leisure time are

- exercising (up 6 points),
- computer activities (up 5 points),
- spending time with family and kids (up 5 points) and
- swimming (down 5 points).

3. Three in ten (30%) Americans say their favourite activity is reading (up from 29% in 2007) while one-quarter (24%) say it is TV watching and 17% say it is spending time with family and kids (up from 14% in 2007). Besides these three, the top five leisure time activities include exercise (8%), computer activities and fishing (each at 7%).

4. The average amount of time spent working, including housework and studying, is now at 46 hours per week, up slightly from 45 hours in 2007. In 1973, when this question was first asked, the average was 41 hours a week.

5. The paradoxical situation is that the research shows Americans have increased their work week by one hour, at the same time, they have lost four hours of leisure time. What is the three-hour gap spent on? This “grey area” can be explained because the extra time is time spent on computer or mobile phones. The conclusion is that the respondents didn’t consider (не считали) this as time spent working, they also didn’t count it as leisure time.

Also, as leisure time falls, Americans appear to be doing more solo activities. Four of this year’s top five choices are typically done alone: reading, watching TV, exercising, and computer activities.

2b. Complete the summary of the research choosing the right option.

1. The average amount of weekly free time Americans have for leisure activities
 - a) has fallen.
 - b) has risen.

2. Since 1995 the largest changes in how people are spending their leisure time are
 - a) watching television, exercising, computer activities, spending time with family and kids and swimming.
 - b) exercising, computer activities, spending time with family and kids and swimming.
3. The average amount of time spent working, including housework and studying, is now
 - a) up.
 - b) down.
4. Americans prefer
 - a) group activities.
 - b) individual activities.

3a. Look at the statistics about the weekend in the UK, and in pairs make up a survey.



1. Watching television – 45% of free time: programmes about wildlife, animals, holidays, cooking and gardening
2. 24% of the free time – socializing ['səʊʃəlaɪzɪŋ] (visiting or entertaining friends or relatives)
3. 21% – sport and hobbies
4. 10% – other activities: listening to the radio, listening to recorded music, reading, DIY (Do It Yourself), gardening, eating out and going to the cinema

3b. Look through the surveys and compare how British and American people spend their leisure time.

4. Conduct a survey about leisure time in Belarus.

A. With your class make a list of top ten activities Belarusian people like doing in their free time. Think of different spheres – sport, art, crafts, music, nature, literature, etc.

B. Copy the following chart in your exercise book and fill it in about you and your relatives (in the column 'Activities' write ten activities from ex. 4A.

No	Activities	Time per week		
		Me	My teenage relative	My adult relative
1.	Reading books	+ 4 hours	+ 6 hours	+ 2 hours
2.	Crafts (knitting)	—	—	+ 3 hours
...
Total leisure time per week		... hours	... hours	... hours

C. Make a similar blank chart to ask your classmate.

D. Work in pairs. Ask each other about leisure time activities and about the leisure time of their 2 relatives (one adult and one teenager). Write down their answers in the blank chart.

Model: **A.** Do you / Does your mother enjoy knitting?

B. No, I don't. / Yes, she does.


A. How much time per week does she spend on knitting?

B. 4 hours.

E. Collect the information from everyone and calculate statistical data.

F. Rate the leisure time activities, e.g. 1. watching TV, 2. ..., 3. ...

G. Find out how much leisure time adult people and teenagers have per week on average:

5.  In a group of three or four students write the analyses of your survey 'Leisure time in Belarus'. Compare it with that of the other groups.